

# Myoreflex Basic Training Course in Copenhagen (DK)

## – *English language* –

Dr. Mosetter, the founder of Myoreflex Therapy, offers a complete basic training course in Denmark. The course comprises of five modules (four days each).

### Course Details

The course fee is 32.000 DKK (approx. 4300 EUR). Acupuncturists with exams from Ny Energi have had three days of muscle meridian training and therefore pay a reduced fee of 29.000 DKK (approx. 3900 EUR).

The fee must be paid in two payments (16.000 DKK following enrollment, and 16.000 DKK by March 30th 2017). A special agreement of payment per lesson can be made.

Bank account:

Vestjysk Bank

Store Torv Holstebro

Iban: dk3976010001129897

Swift Code: VEHODK22

The course takes place in Copenhagen (exact location to be announced).

Prior reading in preparation for the course: Anatomy Trains by Thomas Myers.

Course times are:

- Thursdays from 2pm - 9pm
- Fridays and Saturdays from 9am - 6pm
- Sundays from 9am - 1pm

Team: Kurt Mosetter, Anne Marie Vester, Bo Kähler, Bendik Johannessen, Harald Schubert

### Module 1

- Introduction
- Definition
- Sports injuries without local treatment
- Interpretations of injuries, interpretations of pain
- Compensation of injuries and pain
- Reaction to injuries and pain
- Adaption to injuries and pain
- Impact of previous trauma or shock
- Body reading, body memory
- Tensegrity
- Glycoplan
- Full Myoreflex Therapy is demonstrated on 10 patients

## Module 2

- Muscle meridians
- The mechanisms of action of Myoreflex Therapy
- The methods of Myoreflex Therapy

## Module 3

- Thomas Myers' lines
- Read 'Anatomy Trains' prior to this module
- Symptoms and compensations
- The jaw, the inner ear, stereopsis and Myoreflex therapy
- The lower extremities and the back
- Galileo training

## Module 4

- Myoreflex Therapy and migraine,
- trigeminal neuralgia,
- dental focus,
- tinnitus,
- herniated disc,
- cardiac arrhythmia,
- metabolic syndrome,
- infertility,
- the menstrual cycle,
- menstrual pain,
- renal insufficiency

## Module 5

- Patterns of compensation
- Learning disabilities
- Upper extremities, nape of the neck, face, shoulders
- Goal-directed behavior
- Group work with external patients

For any questions, please contact Anne Marie Vester at [klinik@ny-energi.dk](mailto:klinik@ny-energi.dk).