Myoreflex Basic Training Course in Copenhagen (DK)

- English language -

Dr. Mosetter, the founder of Myoreflex Therapy, offers a complete basic training course in Denmark. The course comprises of five modules (four days each).

Course Details

The course fee is 32.000 DKK (approx. 4300 EUR). Acupuncturists with exams from Ny Energi have had three days of muscle meridian training and therefore pay a reduced fee of 29.000 DKK (approx. 3900 EUR).

The fee must be paid in two payments (16.000 DKK following enrollment, and 16.000 DKK by March 30th 2017). A special agreement of payment per lesson can be made.

Bank account:

Vestjysk Bank

Store Torv Holstebro

Iban: dk3976010001129897

Swift Code: VEHODK22

The course takes place in Copenhagen (exact location to be announced).

Prior reading in preparation for the course: Anatomy Trains by Thomas Myers.

Course times are:

- Thursdays from 2pm 9pm
- Fridays and Saturdays from 9am 6pm
- Sundays from 9am 1pm

Team: Kurt Mosetter, Anne Marie Vester, Bo Kähler, Bendik Johannessen, Harald Schubert

Module 1

January 19 - 22, 2017

- Introduction
- Definition
- Sports injuries without local treatment
- Interpretations of injuries, interpretations of pain
- Compensation of injuries and pain
- Reaction to injuries and pain
- Adaption to injuries and pain
- Impact of previous trauma or shock
- Body reading, body memory
- Tensegrity
- Glycoplan
- Full Myoreflex Therapy is demonstrated on 10 patients



Module 2

February 23 - 26, 2017

- Muscle meridians
- The mechanisms of action of Myoreflex Therapy
- The methods of Myoreflex Therapy

Module 3

March 30 - April 2, 2017

- Thomas Myers' lines
- Read 'Anatomy Trains' prior to this module
- Symptoms and compensations
- The jaw, the inner ear, stereopsis and Myoreflex therapy
- The lower extremities and the back
- Galileo training

Module 4

June 15 - 18, 2017

- Myoreflex Therapy and migraine,
- trigeminal neuralgia,
- dental focus,
- tinnitus,
- herniated disc,
- cardiac arrhythmia,
- metabolic syndrome,
- infertility,
- the menstrual cycle,
- menstrual pain,
- renal insufficiency

Module 5

August 17 - 20, 2017

- Patterns of compensation
- Learning disabilities
- Upper extremities, nape of the neck, face, shoulders
- Goal-directed behavior
- Group work with external patients

For any questions, please contact Anne Marie Vester at klinik@ny-energi.dk.

